

UK'S  
**No.1**  
EQUINE  
MONTHLY

**WIN A WORTH £28,700 HORSEBOX**



# YOUR HORSE

BE A BETTER RIDER, GET THE BEST FROM YOUR HORSE

WWW.YOURHORSE.CO.UK

## Save time

### SAVE MONEY

- How to make 20 minutes count
- Readers help you balance the books
- Short but effective lungeing exercises

## TAKING ON A PRO

Adjusting to life with an ex-competition horse

### IS IT HIS NERVES?

Spotting the signs of neurological disease

**XMAS GIFT GUIDE**  
Present ideas for you and your horse

### PHYSIO CLINIC

Keep your horse supple with ridden stretches

## GEAR

*Winter riding boots* on test and show jumping kit for all

## RIDING

Improve your contact with *Andrew Gould* plus effective lungeing

## CARE

Feeding ex-racehorses and the best vet advice for a *healthy winter*

December 2011 £3.80



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# blowout!

If you're into show jumping, here's all the essential kit you will need – whatever your budget

## For the horse

### TENDON AND FETLOCK BOOTS



K M Elite Air Shock tendon and fetlock boots **£39.98** and **£25**  
01403 759659 or [www.kmeliteproducts.co.uk](http://www.kmeliteproducts.co.uk)



Tri-Zone Airlite tendon and fetlock boots **£39.95** and **£34.95** 01442 879115 or [www.equilibriumproducts.com](http://www.equilibriumproducts.com)



Woolf Wear Smart tendon and fetlock boots **£55** and **£35**  
01208 265920 or [www.woolfwear.com](http://www.woolfwear.com)



Veredus Carbon Gel tendon and fetlock boots **£162** and **£142**

### STIRRUPS



Cottage Craft Fillis stirrups **Around £31.99**  
01274 711101 or [www.cottagecraft.co.uk](http://www.cottagecraft.co.uk)



Royal Rider Evo 80 degree stirrups **£79.99**  
[www.equineman.com](http://www.equineman.com)



Sprenger BowBalance Safety stirrups **£150**  
01352 763350 or [www.zebraproducts.co.uk](http://www.zebraproducts.co.uk)



K'vall stirrups **£155**  
[www.costsworldsport.co.uk](http://www.costsworldsport.co.uk)

### SADDLECLOTH



NuuMed HiWither forward cut pad **£31.50**  
[www.nuumed.com](http://www.nuumed.com)



Equiport forward cut saddlecloth **£40**  
Contact 01606 351 685 or [www.equiport.co.uk](http://www.equiport.co.uk)



Polypads Performer **from £40.19**  
01842 752020 or [www.polypads.co.uk](http://www.polypads.co.uk)



LeMieux lambskin jumping square half lined **£69.95**  
023 8081 4360 or [www.horsehealth.co.uk](http://www.horsehealth.co.uk)